



Dryden CMHA Drop-In Centre Monthly Calendar of Activities For August

MON	TUES	WED	THURS	FRI
29	30 10am-12pm HAIRCUTS—\$5	31 LUNCH COMMITTEE MEETING	1 GAMES DAY HOSPITAL GRP	2 MOVIE DAY
5 CLOSED For Civic Holiday	6 LUNCH PREP	7 LUNCH	8 GAMES DAY HOSPITAL GRP	9 MOVIE DAY
12 BINGO	13 ART/CRAFTS	14 LUNCH COMMITTEE MEETING	15 GAMES DAY HOSPITAL GRP	16 MOVIE DAY
19 ART/CRAFTS	20 LUNCH PREP	21 LUNCH	22 GAMES DAY HOSPITAL GRP	23 MOVIE DAY
26 BINGO	27 ART/CRAFTS	28 LUNCH COMMITTEE MEETING	29 GAMES DAY HOSPITAL GRP	30 MOVIE DAY

- HAIRCUTS **COST \$5**, COME WITH CLEAN, FRESHLY WASHED HAIR, FIRST COME FIRST SERVE—WILL TAKE PLACE IN THE BOARD-ROOM.
- BOWLING—LEAVE FROM THE DROP-IN, PLAY 1 OR 2 GAMES, VEHICLE SPACE LIMITED SO SIGN-UP ASAP
- BINGO—LOTS OF COOL PRIZES TO WIN!
- ARTS/CRAFTS—LOTS OF NEAT THINGS TO DO—ALL MATERIALS SUPPLIED
- LUNCH—COME HELP PREP, COOK OR CLEAN-UP AND ENJOY A GREAT MEAL!
- HOSPITAL GROUP—CONFERENCE ROOM C IN THE MENTAL HEALTH WING OF THE HOSPITAL, CALENDARS AVAIL., OPEN TO EVERYONE!
- GAMES DAY—WII OR OTHER VIDEO GAMES, ALSO CARDS AND BOARD GAMES AVAIL. TOO!
- MOVIE DAY—ALWAYS A GREAT SELECTION OF MOVIES TO CHOOSE FROM!