



Dryden CMHA Drop-In Centre Monthly Calendar of Activities

52 Van Horne Ave.
Back Entrance
(807) 223-8841 ext. 24 or 25

MON	TUES	WED	THURS	FRI
30 COMMUNITY GARDEN	1 CLOSED CANADA DAY	2 COMMUNITY GARDEN/	3 GAMES DAY/ HOSPITAL GRP Outside games	4 MOVIE DAY Healthy Living Food Box Order Drop-off
7 HAIRCUTS/ COMMUNITY GARDEN	8 COMMUNITY GARDEN/ WALK	9 LUNCH/ COMMUNITY GARDEN	10 GAMES DAY/ HOSPITAL GRP Fishing 10-3pm	11 MOVIE DAY/ COMMUNITY GARDEN
14 COMMUNITY GARDEN	15 ARTS/CRAFTS	16 COMMUNITY GARDEN	17 GAMES DAY/ HOSPITAL GRP Education	18 MOVIE DAY Healthy Living Food Box Order Pick-ups COMMUNITY GARDEN
21 COMMUNITY GARDEN	22 ARTS/CRAFTS	23 LUNCH/ COMMUNITY GARDEN	24 GAMES DAY/ HOSPITAL GRP Walk	25 MOVIE DAY/ COMMUNITY GARDEN
28 COMMUNITY GARDEN/WALK	29 WALK	30 COMMUNITY GARDEN/HSP GRP Blue Lake 9-3pm	31 GAMES DAY HOSPITAL GRP ←	1 MOVIE DAY/ COMMUNITY GARDEN

- HAIR CUTS **COST \$5**, COME WITH CLEAN, FRESHLY WASHED HAIR, FIRST COME FIRST SERVE—WILL TAKE PLACE IN THE BOARD-ROOM.
- BOWLING—LEAVE FROM THE DROP-IN, PLAY 1 OR 2 GAMES, VEHICLE SPACE LIMITED SO SIGN-UP ASAP
- BINGO—LOTS OF COOL PRIZES TO WIN!
- ARTS/CRAFTS—LOTS OF NEAT THINGS TO DO—ALL MATERIALS SUPPLIED
- WALKS ARE WEATHER PERMITTING
- HOSPITAL GROUP—CONFERENCE ROOM C IN THE MENTAL HEALTH WING OF THE HOSPITAL, CALENDARS AVAIL., OPEN TO EVERYONE!
- GAMES DAY—WII OR OTHER VIDEO GAMES, ALSO CARDS AND BOARD GAMES AVAIL. TOO!
- MOVIE DAY—ALWAYS A GREAT SELECTION OF MOVIES TO CHOOSE FROM!
- **CALENDAR SUBJECT TO CHANGE**