

Early Intervention in Psychosis

The experience of [psychosis](#) has very profound impacts on the individual and their family members and friends. A first episode of psychosis most often occurs in adolescence or early adult life. An experience of psychosis at this stage has great potential to derail educational, work and social goals. A response that specifically considers the key developmental stage of those experiencing an initial episode of psychosis is critical.

Symptoms of psychosis include delusions, hallucinations, disorganized thinking and disorganized or bizarre behaviour. The overwhelming majority of first episodes of psychosis will occur among young people between the ages of 15 and 34.

This text is taken from the Ministry of Health and Long-term Care's document entitled "Program Policy Framework for Early Intervention in Psychosis".

The report also indicates the services dedicated to early intervention are growing in Ontario and worldwide.