



Dryden CMHA Drop-In Centre Monthly Calendar of Activities For June

MON	TUES	WED	THURS	FRI
3 CLOSED —	4 —	5 —	6 — CLOSED	7 MOVIE DAY
10 10am-12pm HAIRCUTS	11 ART JOURNAL WITH ANN	12 CLOSED in A.M. For training	13 GAMES DAY HOSPITAL GRP	14 MOVIE DAY
17 ART JOURNAL WITH ANN	18 ART JOURNAL WITH ANN	19 LUNCH	20 GAMES DAY HOSPITAL GRP	21 MOVIE DAY
24 BINGO	25 BOWLING (tentative)	26 LUNCH	27 GAMES DAY HOSPITAL GRP	28 MOVIE DAY
1	2	3	4	5

- HAIR CUTS **COST \$5**, COME WITH CLEAN, FRESHLY WASHED HAIR, FIRST COME FIRST SERVE—WILL BE TAKE PLACE IN THE BOARD-ROOM.
- BOWLING—LEAVE FROM THE DROP-IN, PLAY 1 OR 2 GAMES, VEHICLE SPACE LIMITED SO SIGN-UP ASAP
- BINGO—LOTS OF COOL PRIZES TO WIN!
- ARTS/CRAFTS—LOTS OF NEAT THINGS TO DO—ALL MATERIALS SUPPLIED
- LUNCH—COME HELP GET THINGS READY OR DROP-IN ON YOUR LUNCH HOUR! SUMMER = BBQ'S!!
- HOSPITAL GROUP—CONFERENCE ROOM C IN THE MENTAL HEALTH WING OF THE HOSPITAL, CALENDARS AVAIL., OPEN TO EVERYONE!
- GAMES DAY—WII OR OTHER VIDEO GAMES, ALSO CARDS AND BOARD GAMES AVAIL. TOO!
- MOVIE DAY—ALWAYS A GREAT SELECTION OF MOVIES TO CHOOSE FROM!