



Dryden CMHA Drop-In Centre Monthly Calendar of Activities For March

MON	TUES	WED	THURS	FRI
3 HAIR CUTS 10-12	4 ARTS/CRAFTS	5 LUNCH COMMITTEE MEETING @ 1pm	6 GAMES DAY/ HOSPITAL GRP	7 MOVIE DAY Healthy Living Food Box Order Drop-off
10 LATCH HOOK	11 LUNCH PREP	12 LUNCH	13 GAMES DAY/ HOSPITAL GRP	14 MOVIE DAY
17 ARTS/CRAFTS St. Patrick's Day	18 BINGO	19 LUNCH COMMITTEE MEETING @ 1pm	20 GAMES DAY/ HOSPITAL GRP 1st Day of Spring	21 MOVIE DAY Healthy Living Food Box Order Pick-ups
24 BOWLING Tentative	25 LUNCH PREP	26 LUNCH	27 GAMES DAY/ HOSPITAL GRP	28 MOVIE DAY
31 LATCH HOOK	1 BINGO	2 LUNCH COMMITTEE MEETING @ 1pm	3 GAMES DAY/ HOSPITAL GRP	4 MOVIE DAY

- HAIR CUTS **COST \$5**, COME WITH CLEAN, FRESHLY WASHED HAIR, FIRST COME FIRST SERVE—WILL TAKE PLACE IN THE BOARD-ROOM.
- BOWLING—LEAVE FROM THE DROP-IN, PLAY 1 OR 2 GAMES, VEHICLE SPACE LIMITED SO SIGN-UP ASAP
- BINGO—LOTS OF COOL PRIZES TO WIN!
- ARTS/CRAFTS—LOTS OF NEAT THINGS TO DO—ALL MATERIALS SUPPLIED
- LUNCH—COME HELP PREP, COOK OR CLEAN-UP AND ENJOY A GREAT MEAL!
- HOSPITAL GROUP—CONFERENCE ROOM C IN THE MENTAL HEALTH WING OF THE HOSPITAL, CALENDARS AVAIL., OPEN TO EVERYONE!
- GAMES DAY—WII OR OTHER VIDEO GAMES, ALSO CARDS AND BOARD GAMES AVAIL. TOO!
- MOVIE DAY—ALWAYS A GREAT SELECTION OF MOVIES TO CHOOSE FROM!